MD, RPhS, FACS, FACPh
Director of NYU Vein Center
Associate Professor of Surgery
Division of Vascular Surgery
New York University Medical Center
Member, Board of Directors, American College of Phlebology
Member, Executive Council, American Venous Forum

Dr. Kabnick, New York University Surgeon with offices in Manhattan and Morristown, NJ and Director of NYU Vein Center, is an internationally renowned innovator and medical educator and has developed many minimally invasive procedures for treating varicose and spider veins. These leading-edge techniques have enabled many patients to schedule their procedures for the morning and still be on time for a lunch appointment the same day! Dr. Kabnick has constantly been recognized as one of the areas' Top Doctors and is listed in the guide to Americas Top Surgeons.



#### Dr. Lowell S. Kabnick First to Use New VenaCure® 1470nm Laser

NYU vascular surgeon pioneering AngioDynamics' latest offering for varicose vein treatment

6.8.11

Morristown, N.J. (June 8, 2011) – Dr. Lowell S. Kabnick, MD, RPhS, FACS, FACPh, Director of NYU Vein Center and internationally recognized authority and pioneer in the field of vascular surgery, is once again leading the way with breakthrough techniques, being the first in the country to use the new VenaCure® 1470nm laser to treat varicose veins. The new laser uses a lower power output compared with other lasers resulting in effective vein closure.

The VenaCure 1470nm laser's light energy is accurately delivered through the NeverTouch® gold-tip fiber, and is more readily absorbed by the water in the blood and endothelial lining than with other wavelengths. The specially engineered fiber tip has a low power density that maximizes effectiveness and minimizes postoperative pain and bruising. The VenaCure 1470nm lasers are manufactured in AngioDynamics' Cambridge, U.K., facility, and have received the CE mark and 510k clearance.



Ongoing research studies have found excellent vein closure rates, minimal postoperative discomfort and bruising, and a clear reduction in symptom severity over the follow-up period.

"The 1470nm laser enables us to be more efficient during a procedure, we are able to treat veins much more efficiently, which ultimately improves the patients procedure experience," stated Dr. Kabnick. "That translates into quicker recovery for patients."



#### Dr. Lowell S. Kabnick Announces New Website Launch

New website focuses on providing quality patient-centric information

5.5.11

Morristown, NJ (May 05, 2011) – Dr. Lowell S. Kabnick, MD, RPhS, FACS, FACPh, internationally recognized leader and pioneer in the field of vascular surgery, has recently launched a new website that features comprehensive information on vein anatomy and varicose vein treatment options. The website provides visitors with specific information about the latest advances in minimally invasive techniques for the treatment of varicose and spider veins.

Features of the new website, www.lowellkabnickmd.com, include:

- Vein disease information symptoms, risks and associated complications
- Treatment overview, options, side effects and recovery
- Video testimonials actual patients describing their experience with treatment, recovery and results
- Before and after gallery real life imagery of successful procedures
- Consultation scheduling the ease of requesting a consultation online at either the New Jersey or New York location

The website is designed to educate the patient population that seeks to better understand venous disease, procedures and treatments as well as recovery and potential risks, side effects and insurance coverage. "We've worked hard on this website to ensure it will have the technical ease as well as timely and useful content that is relevant to individuals who suffer from chronic venous insufficiency, which if left untreated, will worsen over time," said Dr. Lowell S. Kabnick. "I feel it's vitally important to provide patients with the most up-to-date, accurate information concerning the disease and options for care."



# Dr. Lowell S. Kabnick Performs Revolutionary Technique To Eliminate Spider Veins

Internationally renowned physician is one of first in the U.S. to offer Veinwave™

04.19.11

Morristown, NJ (April 19, 2011) – Dr. Lowell S. Kabnick, MD, FACS, FACPh, internationally recognized leader in the diagnosis and treatment of venous disease, has pioneered the use of several innovative and minimally invasive techniques in the treatment of varicose and spider veins. Approved by the FDA for use in the U.S. in June 2009, Veinwave™ is the latest of these procedures which enables patients to see immediate results. Dr. Kabnick provides services at both his Morristown, NJ facility and at NYU Vein Center in New York City.

For the treatment of fine thread veins, known as telangiectasia, small vascular blemishes in the face and hands, and for spider veins in the legs, Veinwave<sup>™</sup> is the only treatment of its kind to receive 510k clearance by the FDA. Having been used successfully to treat patients in the UK and throughout Europe since 2001, Veinwave<sup>™</sup> utilizes the principle of thermocoagulation, or high-frequency energy, to heat the fine blood vessels causing them to immediately disappear. A sterile, single-use needle delivers these waves. The ultra-fine needle allows for accurate application of the treatment, protecting the skin and tissue, also aiding in the prevention of scarring.



Veinwave<sup>™</sup> has become the solution of choice for physicians and patients alike for veins that are too fine to be t reated endovenously like varicose veins. Dr. Kabnick explained, "Veinwave<sup>™</sup> is a safe and effective, out-patient procedure with minimal pain and does not require bandages." Dr. Kabnick added, "Typically, patients are able to resume normal activity immediately following treatment."



#### Dr. Lowell Kabnick Completes Medical Mission Trip to Vietnam

World-renowned surgeon-teacher visits Vietnam providing clinical treatment to patients in need of venous intervention

02.22.11

Morristown, NJ (February 22, 2011) – Dr. Lowell S. Kabnick, MD, FACS, FACPh, internationally recognized leader in the diagnosis and treatment of venous disease, recently traveled to Vietnam on a medical mission trip to provide vitally needed care to patients with vein disease. While a strong emphasis of the trip was in providing patient care, Dr Kabnick was also excited to offer an educational opportunity to the knowledgeable, but financially under-supported local health care professionals.

In Hanoi, Dr. Kabnick also presented a lecture entitled "What We Know about Endothermal Ablation of the Saphenous Trunk", which was translated in advance for Vietnamese physicians. The great saphenous vein (GSV) is the large (subcutaneous) superficial vein of the leg and thigh. Endothermal ablation is a method of treatment for reflux disease in the GSV. According to WebGrades.com, the estimated prevalence rate for varicose veins in Vietnam is just under 4 million.



Having grown up in this area and possessing strong ties to the history of Vietnam, Dr. Kabnick stressed, "The trip was a valuable and touching experience for me personally". Kabnick continued, "You almost do not even realize how much something like this means, the Vietnamese people were warm and hospitable; often showering us with gifts". Very much aware of the fact that a short term medical mission will not address the largest health care needs in Vietnam, Dr. Kabnick's hope is that it will contribute toward alleviating some of these needs.

#### Endovenous Laser Treatment

The VenaCure EVLTTM procedure, for the elimination of varicose veins, is a minimally invasive, office-based treatment alternative to radiofrequency ablation or surgical stripping of the great saphenous vein. Unlike the VNUS ClosureTM procedure, VenaCure EVLT utilizes a small laser fiber to close the vein. The fiber is inserted into the damaged vein and a laser light is emitted.

## Radiofrequency Ablation

The radiofrequency ablation system (or RF ablation) by VNUS™, also known as the VNUS Closure™ procedure, is a minimally invasive varicose vein treatment procedure that uses radiofrequency energy (electricity) to heat, collapse and seal off the targeted blood vessels.

### Ambulatory Phlebectomy

An ambulatory phlebectomy is typically performed in the doctor's office using local anesthesia. A local anesthetic fluid is injected into the area of the varicose vein clusters to be treated. A small scalpel or needle is used to puncture the skin next to the varicose vein, and a small hook, designed by and named after Dr. Kabnick, is inserted into the hole, to grasp and then remove the vein.

#### Sclerotherapy

Sclerotherapy is a simple procedure that can relieve symptoms due to varicose and leg spider veins in most patients. With this procedure, veins can be dealt with at an early stage, helping to prevent further complications and unsightliness. Patients may need one to several sclerotherapy sessions for any vein region, and the number of injections per session varies.

#### Neinwave™

Veinwave was approved by the FDA for use in the U.S. in June 2009 for the treatment of fine thread veins, known as telangiectasia, small vascular blemishes in the face and hands, and for spider veins in the legs.

